



*Bear Path Martial Arts Tae Kwon Do, Chung Do Kwan Head Instructor: Tim Blaylark 3<sup>rd</sup> Dan*

## **6<sup>th</sup> Gup Written Test**

Promotional Exam from Green belt 6<sup>th</sup> gup to 5<sup>th</sup> gup Purple Belt

**Name:**

**Date:**

- 1. Explain the philosophy of Taeguk Sah-Jang and how it affects the way the Poomse should be performed.**

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- 2. Write the English Translation for the following terms:**

Il Bong:

Son-Kut Chigi:

Na-ro pong (Chagi):

Koa Chagi:

Pil Sung:

- 3. Write the Korean translation for the following terms:**

Hammer Fist

Hook Kick

School of the Blue Wave

Walking Stance

- 4. Name the three primary styles of martial arts drawn on for the basis of our training:**

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- 5. Name the current president of the WTF:**

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