



Bear Path Martial Arts Tae Kwon Do, Chung Do Kwan Head Instructor: Tim Blaylark 3rd Dan

7th Gup Written Test

Promotional Exam from Orange belt 7th gup to 6th gup Green Belt

Name:

Date:

- 1. Explain the philosophy of Taeguk Sam-Jang and how it affects the way the Poomse should be performed.**

- 2. Write the English Translation for the following terms:**

Sonnal Chigi:

Bum Seogi:

Twi-o Dwi Chagi:

Koa Seogi:

- 3. Write the Korean translation for the following terms:**

Backfist:

Double round kick:

Horse stance:

Senior Grandmaster:

Your Center:

- 4. Name the WTF Headquarters:**
